

Fall Fest Competition Rec Division Outline/Rules

If you have questions about team placement please email us before the competition. We will not address division questions or make division changes the day of the competition.

Team placement is at the discretion of the competition director.

Age/Size Divisions Rec Teams- majority of team falling into the size bracket (Consideration only for wide age range teams or multiple teams from one organization in one division at director's discretion)

Mascot 5 and under (Kindergarten and younger)

Mini 6-8 years (grades 1-3)

Freshman 8-10 years (grades 3-5)

JV 10-12 (grades 5-7)

Varsity 12-14 (grades 7-9)

Size Categories-

We also have several size categories to maximize the number of teams able to walk away with a first place trophy! If we have only one team in a size category that team may be combined with another category. Division with a large number of teams may be split into multiple divisions. Final division breakdown is always at the discretion of the competition director.

Rules-

We follow the NFHS Cheer rules for high school. All Rec divisions are able to do any legal stunts according to the high school rules with the exception of tosses. No tosses are permitted for youth/rec or modified teams. Points will not be deducted for safe tosses, but they will not be scored. Illegal stunts will result in a 2-10 point deduction depending on the infraction. The judges can deduct points for anything they feel was unsafe or inappropriate. The point loss is the sole judgment of the deduction judge for the competition.

In the case of a tie the overall impression scores will be used to determine a winner.

Coaches sitting in front of the judges table are not to do the routine with the girls, count for them, or yell directives. This will be overlooked only if done in a non-distracting, discreet manner. If the judges are distracted by the coaches points may be deducted. Prepare your team for competition and let them shine!!